

データ引用先

信頼できる参考文献の探し方



- ① できる時に一次資料を選ぶこと。
- ② メタアナリシスを使うこと。
- ③ 学術雑誌、NPOや政府からの情報源を使うこと。
このインフォグラフィックも含めて、ブログ、クチコミを控えること。

温暖化

- 1 · Gerber, P.J., Steinfeld, H., Henderson, B., Mottet, A., Opio, C., Dijkman, J., Falucci, A. & Tempio, G. 2013. Tackling climate change through livestock – A global assessment of emissions and mitigation opportunities. Food and Agriculture Organization of the United Nations (FAO), Rome.
- 2 · Eshel, Gidon & Martin, Pamela. (2006). Diet, Energy, and Global Warming. Earth Interactions - EARTH INTERACT. 10. 10.1175/EI167.1.
- 3 · United Nations Environment Programme and Climate and Clean Air Coalition (2021). Global Methane Assessment: Benefits and Costs of Mitigating Methane Emissions. Nairobi: United Nations Environment Programme.
- 4 · Steinfeld H, Gerber P, Wassenaar T, Castel V, Rosales M, and de Haan C. 2006. Livestock's long shadow: environmental issues and options (Rome: Food and Agriculture Organization of the United Nations, p. xxi).
- 5 · Myhre, G., D. Shindell, F.-M. Bréon, W. Collins, J. Fuglestvedt, J. Huang, D. Koch, J.-F. Lamarque, D. Lee, B. Mendoza, T. Nakajima, A. Robock, G. Stephens, T. Takemura and H. Zhang, 2013: Anthropogenic and Natural Radiative Forcing. In: Climate Change 2013: The Physical Science Basis. Contribution of Working Group I to the Fifth Assessment Report of the Intergovernmental Panel on Climate Change [Stocker, T.F., D. Qin, G.-K. Plattner, M. Tignor, S.K. Allen, J. Boschung, A. Nauels, Y. Xia, V. Bex and P.M. Midgley (eds.)]. Cambridge University Press, Cambridge, United Kingdom and New York, NY, USA.
- 6 · Gardner, Christopher D et al. "Maximizing the intersection of human health and the health of the environment with regard to the amount and type of protein produced and consumed in the United States." Nutrition reviews vol. 77,4 (2019): 197-215.
- 7 · Scarborough, P., Appleby, P.N., Mizdrak, A. et al. Dietary greenhouse gas emissions of meat-eaters, fish-eaters, vegetarians and vegans in the UK. Climatic Change 125, 179–192 (2014).

お水

- 1 · Jacobson, Michael F. "Six Arguments For a Greener Diet: How a More Plant-based Diet Could Save Your Health and the Environment. Chapter 4: More and Cleaner Water". Washington, DC: Center for Science in the Public Interest, 2006.
- 2 · P.W. Gerbens-Leenes, M.M. Mekonnen, A.Y. Hoekstra, The water footprint of poultry, pork and beef: A comparative study in different countries and production systems, Water Resources and Industry, Volumes 1–2, 2013, Pages 25-36, ISSN 2212-3717.
- 3 · Mekonnen, M.M. and Hoekstra, A.Y. (2010) The green, blue and grey water footprint of farm animals and animal products, Value of Water Research Report Series No. 48, UNESCO-IHE, Delft, the Netherlands.
- 4 · Robbins, John. The Food Revolution: How Your Diet Can Help Save Your Life and Our World. Conari Press.
- 5 · Robbins, John. Diet for a New America: How Your Food Choices Affect Your Health, Your Happiness, and the Future of Life on Earth. H J Kramer, 1987.
- 6 · Literature Review of Contaminants in Livestock and Poultry Manure and Implications for Water Quality. United States Environmental Protection Agency, Office of Water, 2013.
- 7 · Berendes, D.M., Yang, P.J., Lai, A. et al. Estimation of global recoverable human and animal faecal biomass. Nat Sustain 1, 679–685 (2018).
- 8 · Lebreton, L., Slat, B., Ferrari, F. et al. Evidence that the Great Pacific Garbage Patch is rapidly accumulating plastic. Sci Rep 8, 4666 (2018).
- 9 · Science Says: Amount of straws, plastic pollution is huge (2018, April 21).
- 10 · Kiyonori, H. A. G. A. "Animal waste problems and their solution from the technological point of view in Japan." (2011).

土地

- 1 · Ellis, E.C., Klein Goldewijk, K., Siebert, S., Lightman, D. and Ramankutty, N. (2010), Anthropogenic transformation of the biomes, 1700 to 2000. Global Ecology and Biogeography, 19: 589-606.
- 2 · Poore J, Nemecek T. Reducing food's environmental impacts through producers and consumers. Science. 2018 Jun 1;360(6392):987-992. Erratum in: Science. 2019 Feb 22;363(6429): PMID: 29853680.
- 3 · Oppenlander, Richard A. Food Choice and Sustainability: Why Buying Local, Eating Less Meat, and Taking Baby Steps Won't Work. Minneapolis, MN : Langdon Street, 2013. Print.
- 4 · Margulis, Sergio. 2004. Causes of Deforestation of the Brazilian Amazon. World Bank Working Paper; No. 22. Washington, DC: World Bank. © World Bank. <https://openknowledge.worldbank.org/handle/10986/15060> License: CC BY 3.0 IGO."
- 5 · Data from the University of Maryland, released on Global Forest Watch
- 6 · Bar-On, Yinon M et al. "The biomass distribution on Earth." Proceedings of the National Academy of Sciences of the United States of America vol. 115,25 (2018): 6506-6511. doi:10.1073/pnas.1711842115
- 7 · Cherlet, M., Hutchinson, C., Reynolds, J., Hill, J., Sommer, S., von Maltitz, G. (Eds.), World Atlas of Desertification, Publication Office of the European Union, Luxembourg, 2018.

食物

- 1 · Cassidy, Emily & West, Paul & Gerber, James & Foley, Jonathan. (2013). Redefining Agricultural Yields: from Tonnes to People Nourished per Hectare. Environmental Research Letters. 8. 034015. 10.1088/1748-9326/8/3/034015.
- 2 · "Soy." WWF.
- 3 · Robbins, p.220; Vandana Shiva, Stolen Harvest (South End Press, 2000), pp. 70-71.
- 4 · FAO's report "Review of the State of World Marine Fisheries Resources", tables D1-D17.
- 5 · Estimating the Number of Fish Caught in Global Fishing Each Year, July 2010.
- 6 · Worm, Boris & Barbier, Edward & Beaumont, Nicola & Duffy, J. & Folke, Carl & Halpern, Benjamin & Jackson, Jeremy & Lotze, Heike & Micheli, Fiorenza & Palumbi, Stephen & Sala, Enric & Selkoe, Kimberly & Stachowicz, John & Watson, Reg. (2006). Impacts of Biodiversity Loss on Ocean Ecosystem Services. Science (New York, N.Y.). 314. 787-90. 10.1126/science.1132294.
- 7 · Horrigan, Leo et al. "How sustainable agriculture can address the environmental and human health harms of industrial agriculture." Environmental health perspectives vol. 110,5 (2002): 445-56. doi:10.1289/ehp.02110445
- 8 · Jackson, Andrew. (2010). Fish In -Fish Out (FIFO) Ratios explained. International Fish Meal and Fish Oil Organization (IFFO) [Online]. 34.
- 9 · Oppenlander, Richard A. Food Choice and Sustainability: Why Buying Local, Eating Less Meat, and Taking Baby Steps Won't Work. Minneapolis, MN : Langdon Street, 2013. Print.
- 10 · Holt-Giménez, Eric & Shattuck, Annie & Altieri, Miguel & Herren, Hans & Gliessman, Steve. (2012). We Already Grow Enough Food for 10 Billion People ... and Still Can't End Hunger. Journal of Sustainable Agriculture - J SUSTAINABLE AGR. 36. 595-598. 10.1080/10440046.2012.695331.